



FORT MCKAY  
FIRST NATION



# HEALTH study

MRI

science  
environment  
healthcare  
wellness



UNIVERSITY OF TORONTO  
DALLA LANA SCHOOL OF PUBLIC HEALTH

Funding Provided by:



FORT MCKAY  
FIRST NATION



CIHR IRSC



HEART & STROKE  
FOUNDATION



Hamilton Health Sciences

CANADIAN PARTNERSHIP  
AGAINST CANCER



PARTENARIAT CANADIEN  
CONTRE LE CANCER

# INVITATION TO FIRST NATION Participants

If you are 18 - 69 years old and have First Nations ancestry you may be eligible to join this study.

## **Why is this research being done?**

To understand the early causes and risk factors for cancer, heart disease, stroke and other brain diseases.

To find out how the places where we live and work influence our lifestyles.

To learn how to identify risk factors for poor health early, to help improve health services and preventing disease.

## **How many people will be in this study?**

About 10,000 Canadians across will take part in this study, including 2000 people in First Nation Communities – 200 in Fort McKay.

## **CONTACT**

Theresa Maffenbeier Research Nurse

Tel: (780) 881-8947

## **What are the benefits?**

This study will help provide a better understanding of the causes of heart disease, cancer, diabetes, stroke and other chronic diseases. It will also help us understand how the places we live and work impact our health.

Although we cannot promise any personal benefits from participating in this study, you have the option of learning your own personal Heart Health Risk Score which may give you a better understanding of your own risk factors for heart disease and how to improve them.

Participants have the option to enter a draw to win one of three, \$300 gift cards to either Walmart, Canadian Tire or Superstore. Your odds of winning are approximately one in 33. See the Research Nurse for more information.

The Health Research Ethics Board of Alberta (HREBA) Community Health Committee (CHC) has granted ethics approval of this project. If you have any complaints or concerns about the ethical conduct of this project, please contact: (780) 423-5727 / Toll-free: 1-877-423-5727 / [communityhealth@hreba.ca](mailto:communityhealth@hreba.ca)



**FORT MCKAY**  
FIRST NATION